



STANDARD ROUTES – INSTRUMENT**STOCKHOLM/ARLANDA
RWY 19R/19L****ARRIVAL (STAR)****REMARK**

- Note 1. STARS to RWY 19R and RWY 19L are identical. Which RWY to be used will be assigned by ATC in the inbound clearance.*
- Note 2. Clearance limit is normally the IAF.*
- Note 3. Aircraft to STOCKHOLM/Arlanda shall not be operated at an airspeed of more than 250 kt IAS below FL100 unless otherwise instructed.*
- Note 4. From IAF aircraft will be radar vectored to final approach.*
- Note 5. When established on ILS final approach track, maintain 160 kt IAS or more until passing OM, unless otherwise instructed. If unable, inform ATC immediately.*
- Note 6. In case of radio communication failure, see AD 2.22 para 1.3.*

ELTOK FOUR PAPA ARRIVAL (ELTOK 4 P)

Cross ELTOK FL 150 or below. Intercept ERK QDM 080° and proceed to ARL R-293. Turn right to intercept ARL R-295 and proceed to BALVI (IAF).

HAMMAR TWO PAPA ARRIVAL (HMR 2 P)

Cross HMR FL 150 or below. Intercept HMR R-180 and proceed to ERK (IAF).

TROSA FOUR PAPA ARRIVAL (TRS 4 P)

Cross TRS FL 190 or below. Intercept TRS R-040. At TRS DME 29, turn left to intercept TEB R-179 and proceed to TEB. Intercept TEB R-006 and proceed to ERK (IAF).

XILAN THREE PAPA ARRIVAL (XILAN 3 P)

Cross XILAN FL 150 or below. Intercept TEB R-070. At TEB DME 4.5, turn right to intercept TEB R-006 and proceed to ERK (IAF).

BALVI = 594445.0N 0173525.0E ARL R-295 DME 11.3
ELTOK = 594928.0N 0165923.7E INT BTN ARL R-286 DME 29.9, ARS R-032
XILAN = 593933.5N 0190433.8E INT BTN TEB R-070 DME 27.7, MAR R-217 DME 38.5