



**STANDARD ROUTES – INSTRUMENT****STOCKHOLM/ARLANDA  
RWY 26****ARRIVAL (STAR)****REMARK**

- Note 1. Clearance limit is normally the IAF.*
- Note 2. Aircraft to STOCKHOLM/Arlanda shall not be operated at an airspeed of more than 250 kt IAS below FL 100 unless otherwise instructed.*
- Note 3. From IAF aircraft will be radar vectored to final approach.*
- Note 4. When established on ILS final approach track, maintain 160 kt IAS or more until passing OM, unless otherwise instructed. If unable, inform ATC immediately.*
- Note 5. In case of radio communication failure, see AD 2.22 para 1.3.*

**ELTOK ONE TANGO ARRIVAL (ELTOK 1 T)**

Cross ELTOK FL 150 or below. Intercept ERK QDM 081° and proceed to ERK (IAF).

**HAMMAR ONE TANGO ARRIVAL (HMR 1 T)**

Cross HMR FL 150 or below. Intercept HMR R-181 and proceed to ERK (IAF).

(During peak times, expect in some cases to be vectored across final in a left hand circuit.)

**TROSA THREE TANGO ARRIVAL (TRS 3 T)**

Cross TRS FL 190 or below. Intercept TRS R-040 and proceed to TRS DME 29. Turn left, intercept TEB R-179 and proceed to TEB (IAF).

**XILAN THREE TANGO ARRIVAL (XILAN 3 T)**

Cross XILAN FL 120 or below. Intercept TEB R-070 and proceed to TEB (IAF).

**ELTOK** = 594928.0N 0165923.7E INT BTN ARL R-287 DME 29.9, ARS R-033

**XILAN** = 593933.5N 0190433.8E INT BTN TEB R-070 DME 27.7, MAR R-218 DME 38.5